	Iowa Workers' Compensation – FIRST REPORT	OF INJURY OR I	LLNESS J	Jurisdiction Code			Juri	Jurisdiction Claim Number			
≥	Claim Administrator Name:			Claim Representative Business Phone Number:		Insurer Name (if different than claim administrator):					
CLAIM ADMIN	Mailing Address, City, State, & Postal Code:			Claim Administrator Claim Number:			Insurer FEIN:				
CLAII	Po Box 89453 Cleveland OH 44101			Claim Administrator FEIN:			Claim Type Code:				
	Employer Name:			Employer FEIN:			Insured Report Number: Employer Type Code:				
~	Dhusical Addrose City State & Deetal Code			Mailing Addroce City State 9 Deatel Code			Employer (E) Industry Code: Lessor (L)				
EMPLOYER	Physical Address, City, State, & Postal Code:			same			,				
EW	Nature of Business:							ion Number: 00306907			
		1.55111	T	Employer Contact Name and Business Phone Number:				Self Insurance License/			
POLICY	Insured Name (parent company if different than employer):	Insured FEIN:	Insured Postal Code:	Policy/Contract Number: Coverage Ef 10/19		iffective Date: 9/2018			rance License/ e Number:		
<u>0</u>					Expiration Date: 0/2019 n/a						
	Employee Name (First, Middle, Last, & Suffix):)	Date of Birth:	Gender: Single (A)		(A)	Tax Filing Status (check one); Married/Filing Joint (C)					
	Mailing Address, City, State, & Postal Code: Phone Number (include area code) Occupation Description:		Date of Hire:				Single/Head of Household (B)		Married/Filing Separate(D)		
			Employment Status	Educational Level (grade completed):)		
YEE			Piece Worker	(check one):		Employee ID Number (check one): ID #			Unmarried (U)		
EMPLOYEE			Volunteer Seasonal				Security Number		Married (M) Separated (S)		
			Apprenticeship/Full-Time Apprenticeship/Part-Time Regular Employee/Full-Time		Employment VISA Number Passport Number		lumber	Employee's Authorization to		<u>)</u>	
	Manual Classification Code	Me					(Release the Following: Medical Records yes				
	Department Where Regularly Worked:		Part-Time Other part -time	e on call	on call Green Card Employee ID Assigned by Jurisdiction			Social Socurity Number yes —		110	
	Average Wage \$ (check one):		Salary Continued In Lieu of Compensa					on Social Security Numberyesno Employee Number of Dependents:			
WAGE					yes				er of Exemptions:		_ (check
8	bi-weekly annual weekly Number of Days Regularly Worked Per Week: _			Discontinued Fringe Benefits: \$			Entitled Withholding				
	Date of Injury		escribe the nature of the injury. ((ex. amputation, burn	, cut, fracture)	:)	<u> </u>				
	Date Employer Had Knowledge of the Date Claim Administrator Had Knowledge										
	Employee Date of Death (if applicable)		art(s) of body directly affected by	the injury or illness.	(ex. hand, arn	n, circulatory sy	rstem):				
	Time of InjuryTime Employee Began Work										
	Pre-Existing Disability Code:										
IURY			escribe the events that caused th	ne injury. (ex. fell, op	erating machir	nery, chemical e	exposure):				
ACCIDENT/INJURY											
ACCID			ame the object or substance that	directly injured the e	mployee. (ex.	knife, floor, aci	id, oil):				
	Accident Site Organization Name:										
	Accident Site Street, City, State, & Postal Code:										
	(Specify activity the employee wa			ity the employee was engaged in when the event occurred. (ex. cutting metal plate for flooring). Indicate if activity was part of normal duties:							
	Accident Location Narrative (if no street address):										
	, and the second		ness Name & Business Phone Number:								
_	no medical treatment (0)		itial Medical Provider Name:	Medical Provider Name:			Managed Ca	are Organization N	lame or ID Numb	per:	
MEDICAL	i i i i i i i i i i i i i i i i i i i		I Medical Provider Physical Address, City, State, & Postal Code:)	ICD Primary Diagnostic Code (if known)			Pr I		
Σ	emergency care (3) hospitalization > 24 hours (4) future medical treatment/lest time anticipated (5)							ICD Primary	Diagnostic Code	(II KNOWN):	
	future medical treatment/lost time anticipated (5) Preparer's Name & Title:	(Prep	parer's Company Name:				P <mark>hor</mark>	ne Number:		Date:	

This section is to provide information valuable in handling this claim. The Iowa Occupational Safety and Health Act

The following is a summary of the recordkeeping, reporting and posting responsibilities of employers under lowa's Occupational Safety and Health Act.

RECORDKEEPING REQUIREMENTS

Regulations issued under the lowa Occupational Safety and Health Act of 1972 require establishments subject to the Act to maintain records of recordable occupational injuries and illness. Such records must consist of: (a) a log and summary of occupational injuries and illnesses and (b) a supplementary record of each occupational injury and illness

LOG AND SUMMARY OF OCCUPATIONAL INJURIES AND ILLNESSES. Each recordable occupational injury and occupational illness must be entered on a log and summary of cases (0SHA Form No. 200) as early as practicable but no later than six working days after receiving information that a recordable case has occurred. A multi-unit employer may maintain the log and summary of occupational injuries and illnesses at a place other than the establishment if there is a copy of the log and summary available in the establishment complete and current to a date within 45 calendar days. If an equivalent of OSHA Form No 200 is used, such as a printout from data-processing equipment, the information shall be as readable and comprehensible to a person not familiar with the data-processing equipment as the OSHA Form No. 200 itself. Logs must be kept current and retained for 5 years following the end of the calendar year to which they relate.

SUPPLEMENTARY RECORD OF OCCUPATIONAL INJURIES AND

ILLNESSES. To supplement the Log and Summary of Occupational Injuries and Illnesses, each employer must have available a record for each occupational injury or illness at each establishment within six working days after receiving information that a recordable case has occurred, OSHA Form No. 101 may be used for this purpose. State of lowa Form No. 14-0001 [(IAIABC Form 1.2 (12/98)], workers' compensation or other reports are acceptable as records if they contain the information required on OSHA Form No 101. These records must be available in the establishment without delay and at reasonable times for examination by representatives of the lowa Division of Labor Services, the U.S. Department of Labor and

the U.S. Department of Health, Education and Welfare. The records must be maintained for a period of not less than 5 years following the end of the calendar year to which they relate.

ANNUAL SUMMARY. Each employer subject to the recordkeeping requirements must prepare a summary of the occupational injury and illness experience of the employees in each of the employer's establishments at the end of each year based on the information contained in the log and summary of occupational injuries and illnesses for the particular establishment. OSHA Form No. 200 shall be used for this purpose. The summary shall be signed and posted in a place accessible to the employees no later than February 1 and shall remain in place until March 1. For employees who do not report to work at a single establishment, or who do not report to any fixed establishment on a regular basis, employers shall satisfy the posting requirement by presenting or mailing a copy of the annual summary during the month of February to all such employees who receive pay during that month. Summaries must be retained for 5 years following the end of the calendar year

EMPLOYEES NOT IN FIXED ESTABLISHMENTS. Employers of employees engaged in physically dispersed operations such as occur in construction, installation, repair or service activities who do not report to any fixed establishment on a regular basis but are subject to common supervision may satisfy the recordkeeping provisions with respect to such employees by:

(a) Maintaining the required records for each operation or group of operations which is subject to common supervision (field superintendent, field supervision,

etc.) in an established central place;
(b) Having the address and telephone number of the central place available

(c) Having personnel available at the central place during normal business hours to provide information from the records maintained there by telephone and by mail.

(Note: This regulation does not automatically apply to all construction, installation, repair or service activities. If in doubt about applicability to your operations, contact the Iowa Division of Labor Services.)

Records for personnel who do not primarily report or work at a single establishment, and who are generally not supervised in their daily work, such as traveling salespersons, technicians, engineers, etc., shall be maintained at the location from which they are paid or the base from which personnel operate to carry out their activities.

REPORTING REQUIREMENTS

Regulations issued under the lowa Occupational Safety and Health Act require all employers subject to the Act to report to the lowa Workers' Compensation Commissioner any occupational injury or illness which temporarily disables an employee for more than three days or which results in permanent total disability, permanent partial disability, or death. The report must be filed electronically in conformity with EDI requirements with the lowa Division of Workers' Compensation within four days from such event when the injury or illness is alleged by the employee to have been sustained in the course of the employee's employment. A report to the lowa Division of Workers' course of the employee's employment. A report to the lowa Division of Workers' Compensation is considered to be a report to the lowa Division of Labor Services. The lowa Division of Workers' Compensation shall forward all such reports to the lowa Division of

In addition, employers must report to the lowa Labor Commissioner within 8 hours each accident or health hazard that results in one or more fatalities or hospitalization of three or more employees.

Those establishments selected to participate in the annual Occupational Injuries and Illnesses Survey will be required to prepare a report (OSHA Form No 200-S) based on entries contained on the Log and Summary of Occupational Injuries and Illnesses

POSTING REQUIREMENTS

The Iowa Occupational Safety and Health Act requires that employees be informed of the job safety and health protection provided under the Act. The poster, "Safety and Health Protection on the Job," is to be used for this purpose, and must be posted in a prominent place in the establishment to which the employees usually report to work. The poster briefly states the intent and coverage of the Act and the responsibilities of employers and employees to maintain safe and healthful working conditions.

EMPLOYERS WHO MUST KEEP OSHA RECORDS

Employers with 11 or more employees (at any one time in the previous calendar year) in the following industries must keep OSHA records. The industries are identified by name and by the appropriate Standard Industrial Classification (SIC) code:

- Agriculture, forestry, and fishing (SIC's 01-02 and 07-09)
- Oil and gas extraction (SIC 13 and 1477)
- Construction (SIC's 15-17)
- Manufacturing (SIC's 20-39)
- Transportation and public utilities (SIC's 41-42 and 44-49)
- Wholesale trade (SIC's 50-51)
- Building materials and garden supplies (SIC 52) General merchandise and food stores (SIC's 53 and 54)
- Hotels and other lodging places (SIC 70)
- Repair services (SIC's 75 and 76)
 - Amusement and recreation services (SIC 79)
- Health services (SIC 80), and State and local government (Above SIC 's plus 91-97).

If employers in any of the industries listed above have more than one establishment with combined employment of 11 or more employees, records must be kept for each individual establishment.

All employers, including small employers and those in exempted SIC's, must continue to meet the requirement to report fatalities or multiple (3 or more) hospitalizations and all occupational injuries or occupational illnesses that result in a workers' compensation case.

If an employer is notified in writing by the Bureau of Labor Statistics about having been selected to participate in a statistical survey, such employer, including small employers, and those in exempted SIC's, must maintain a log and summary of all occupational injuries and illnesses for that year. The notification will contain the necessary form and instructions to comply with the survey requirements.

The lowa Workers' Compensation Act

The following is a summary of the recordkeeping and reporting responsibilities of employers under the lowa Workers' Compensation Act.

RECORDS AND REPORTS

Every employer shall keep a record of all injuries sustained by employees in the course of their employment resulting in incapacity for longer than one day. An employer with notice or knowledge of an injury which temporarily disables an employee for more than three (3) days or results in permanent total disability, permanent partial disability or death is required to electronically file a report with the Workers' Compensation Commissioner within four (4) days from such event when such injury is alleged by the employee to have been sustained in the course of employment.

All books, records, and payrolls of an employer are required to be open for inspection by the Workers' Compensation Commissioner for purposes of administration of the lowa Workers' Compensation Act.

The Workers' Compensation Commissioner may require an employer to appear and show cause why the employer should not be subject to a civil penalty of \$1,000.00 per occurrence for failure to comply with the reporting or inspection requirements. Upon hearing, if the facts indicate, the commissioner may enter an order requiring payment of such penalty. Unless voluntarily paid, the commissioner may petition the district court for entry of judgment on the order. The employer's insurance carrier shall be responsible in the same manner and to the same extent as the employer when a report of injury has been submitted to the employer's insurance carrier and not filed by them with the Workers' Compensation Commissioner.

The employer is required to furnish to an employee, on request, one statement of earnings, wages, or salary for the year preceding the injury. An employer may be subject to a civil penalty of \$1000.00 per offense for refusal to furnish such wage

INSTRUCTIONS

An employer with notice or knowledge of an injury which temporarily disables an employee for more than THREE (3) days or results in permanent total disability, permanent partial disability or death is required to electronically file a first report of injury with the lowa DIVISION OF WORKERS' COMPENSATION within FOUR (4) days from such event when such injury is alleged by the employee to have been sustained in the course of the employee's employment. A report to the lowa DIVISION OF WORKERS' COMPENSATION is considered to also be a report to the Iowa DIVISION OF LABOR SERVICES. The Iowa DIVISION OF WORKERS' COMPENSATION forwards the report to the lowa Division of Labor Services. Employers should report ALL injuries to their insurance carrier or third party administrator. ALL REPORTS MUST BE FILLED IN COMPLETELY AND SIGNED. PLEASE TYPE OR PRINT LEGIBLY.

This form contains all items requested on OSHA form No 101, "Supplementary Record of Occupational Injuries and Illness." THE INFORMATION PROVIDED WILL BE OPEN FOR PUBLIC INSPECTION UNDER Iowa Code § 22.11.



Iowa Form 14-0001 (11/04)





Optum PO Box 152539 Tampa, FL 33684-2539

MAKING IT EASY...

TO GET WORKERS' COMPENSATION PRESCRIPTIONS FILLED.

Optum has been chosen to manage your workers' compensation pharmacy benefits for your employer or their insurer. Below is your First Fill card that will allow you to receive your injury-related prescriptions at your local pharmacy. Please fill out the card based on the instructions below.

Injured Employee:



If you need a prescription filled for a work-related injury or illness, go to an Optum Tmesys® network pharmacy. Give this temporary card to the pharmacist. The pharmacist will fill your prescription at low or no cost to you.



If your workers' compensation claim is accepted, you will receive a more permanent pharmacy card in the mail. Please use that card for other work-related injury or illness prescriptions.

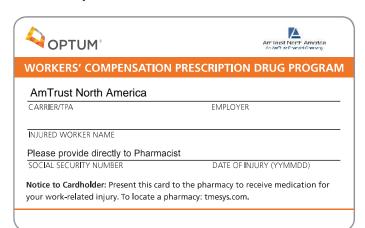


Most pharmacies, including Walgreens, our preferred provider, and all major chains, are included in the network. To find a network pharmacy call 1-866-599-5426 or visit tmesys.com.

Questions? Need Help?



1-866-599-5426



the date of injury and SSN combined as follows: YYMMDD123456789. Tmesys is the designated PBM for this patient.								
Tmesys Pharmacy Help Desk 1-800-964-2531								
	RxBIN	NDC 004261	or	Envoy 002538				
	RxPCN GROUP	CAL FF	or	Envoy Acct. #				

NOTE: This First Fill card is only valid for your workers' compensation injury or illness.



Employer:

Immediately upon receiving notice of injury, fill in the information above and give this form to the employee.





HACEMOS MÁS SENCILLO...

EL ABASTECIMIENTO DE LAS RECETAS MÉDICAS DEL PROGRAMA DE COMPENSACIÓN POR ACCIDENTES LABORALES.

Optum ha sido elegido para administrar los beneficios farmacéuticos de su programa de compensación por accidentes laborales para su empleador o su asegurador. Más adelante incluimos su tarjeta First Fill que le permitirá recibir las recetas médicas relacionadas con su lesión en su farmacia local. Llene esta tarjeta siguiendo las instrucciones que se indican a continuación.

Empleado lesionado:



Si necesita que se le abastezca su receta médica para una lesión o enfermedad relacionada con su trabajo, visite una farmacia de la red Optum Tmesys®. Entregue esta tarjeta temporal al farmacéutico. El farmacéutico abastecerá su receta médica bajo costo o sin costo alguno.



Si se acepta su reclamación del programa de compensación por accidentes laborales, recibirá una tarjeta permanente por correo. Use esa tarjeta para otras recetas médicas de lesiones o enfermedades relacionadas con su trabajo.



La mayoría de farmacias, incluyendo Walgreens, nuestro proveedor preferido, y todas las grandes cadenas de farmacias, forman parte de la red. Para encontrar una farmacia de la red, llame al 1-866-599-5426 o visite tmesys.com.

¿Tiene alguna pregunta? ¿Necesita ayuda?



1-866-599-5426

WORKERS' COMPENSATION F	PRESCRIPTION DRUG PROGRA
PORTADORA	EMPLEADOR
NOMBRE DEL TRABAJADOR LESIONADO	
Please provide directly to Pharmacis	t
NUMERO DE SEGURO SOCIAL	FECHA DE ALA LESION (AAMMDD)

Attention Pharmacists: Enter RxBIN, RxPCN and GROUP. Member ID # format is the date of injury and SSN combined as follows: YYMMDD123456789.							
Tmesys is the designated PBM for this patient.							
Tmesys Pharmacy Help Desk 1-800-964-2531							
	RxBIN RxPCN GROUP	NDC 004261 CAL FF	or or	Envoy 002538 Envoy Acct.#			

NOTA: Esta tarjeta First Fill solo es válida para una lesión o enfermedad cubierta por su programa de compensación por accidentes laborales.

Empleador:

Inmediatamente después de recibir un aviso sobre una lesión, llene la información antes indicada y entregue este formulario al empleado.



RETURN-TO-WORK; A GREAT IDEA

We at the AmTrust Group, are convinced that an employer who provides light, or restricted work for injured employees, enjoys numerous benefits. This is not just an opinion, it's something we see day in and day out. Consider:

- Unless an injured worker returns to the workplace within 60 days, chances of him/her ever returning drop dramatically. (resulting in a very expensive permanent disability situation.)
- After 6 months away from the workplace, only 50% chance of return.
- After 12 months, only a 10% chance of return.

Some Return-to Work Benefits Include:

- "Test" of malingering potential. Injured employees who refuse light duty are more prone to being malingerers.
- Opportunity for employer to demonstrate true concern for workers' well-being.
- Promotion of rehabilitation and recovery.
- Lower medical and rehabilitation costs.
- Productivity.
- Morale improvement for the injured worker.
- Ability for the employer to monitor the injured employee's recovery progress.
- Decrease of WC claims costs, with resultant downstream WC premium savings.

(Notice we're not just talking about 'feel-good' issues, but also hard dollars!)

Some common misconceptions (and truths) about Return-to-Work / Light Duty:

Misconception: We've already got too many "programs" around here, and don't need any more paper.

Truth: While it is true a written, planned program works best, in many cases a Light Duty "program" can be nothing more than a management understanding of the benefits and principles of Return-to-Work, how it works, and the commitment to 'just do it', when light-duty recommendations are made by WC physicians.

Misconception: It will get me into an Americans With Disabilities (ADA) "situation".

Truth: Light-duty and ADA "reasonable accommodation" are two entirely separate issues. Generally, light duty is a temporary assignment, for a relatively short period. ADA accommodations are made for serious, permanent disabilities that impair major life activities.

Misconception: I'll have to devise a whole new job each time an employee needs light duty.

Truth: The vast majority of light-duty restrictions require accommodating only one or two factors, such as "no lifting over 10 pounds", or the like. In many cases, if you break the jobs down into individual **tasks**, you'll see that only one or two tasks within the employee's normal job are affected, and can be handled in some other way.

Misconception: Once an employee gets into a "cushy" light-duty job, s/he'll never leave it, and I'll be stuck with it.

Truth: Light duty is always defined by, and monitored by the attending physician. An employee on light duty is periodically monitored by the physician for improvement, and is released for full-duty as soon as medically indicated.

Misconception: We're a union company. Our union won't allow us to pay lower rates, or move employees between classifications, or between bargaining groups.

Truth: Any Local that objects to a Return-to-Work program should be referred to its national body for guidance. Return to Work is universally recognized as a very positive influence on an injured worker (as well as benefiting the employer). Labor unions, whose major purpose for existence is the benefit of the workers they represent, should not only "tolerate" Return-to-Work programs, but enthusiastically promote, and assist in such programs' implementation and operation. It is strongly suggested that management approach labor representatives to solicit their input, and assistance in making Return to Work a positive force in your workplace.

Misconception: I might be willing to place a worker in a light-duty position, but I can't afford pay them their full pay, for the decreased productivity.

Truth: Talk to your WC insuror's claims professional. In many cases, states' WC plans provide for "make-up" pay to replace some, or all of the injured employees' decreased earnings. The goal of getting them back to the workplace, and doing some productive work is that important!

Jurisdiction	Claim	Number
Jurisaiction	Claim	Number

First Report of Injury or Illness Requirement

A First Report of Injury or Illness (First Report) must be filed by an employer or the employer's insurance carrier in case of occupational

- fatality,
- permanent disability; or,
- temporary disability lasing more than three days.

A First Report must be electronically filed within four days of the incident. An employer or insurance carrier must file a First Report if the employee says the disability is caused by work even if the employer disagrees.

For more information on these and other requirements, please call 515-281-5387 or visit http://www.iowaworkforce.org/wc/.

The Iowa Workers' Compensation Act RECORDS AND REPORTS

Every employer shall keep a record of all injuries sustained by employees in the course of their employment resulting in incapacity for longer than one day. An employer with notice or knowledge of an injury which temporarily disables an employee for more than three days or results in permanent total disability, permanent partial disability or death is required to electronically file a report with the Workers' Compensation Commissioner within four days from such event when such injury is alleged by the employee to have been sustained in the course of employment.

All books, records, and payrolls of an employer are required to be open for inspection by the Workers' Compensation Commissioner for purposes of administration of the Iowa Workers' Compensation Act.

The Workers' Compensation Commissioner may require an employer to appear and show why the employer should not be subject to a civil penalty of \$1,000.00 per occurrence for failure to comply with the reporting or inspection requirements. Upon hearing, if the facts indicate, the commissioner may enter an order requiring payment of such penalty. Unless voluntarily paid, the commissioner may petition the district court for entry of judgment on the order. The employer's insurance carrier shall be responsible in the same manner and to the same extent as the employer when a report of injury has been submitted to the employer's insurance carrier and not filed by them with the Workers' Compensation Commissioner.

The employer is required to furnish to an employee, on request, one statement of earnings, wages, or salary for the year preceding the injury. An employer may be subject to a civil penalty of \$1000.00 per offense for refusal to furnish such wage statement.

Additional Iowa OSHA Reporting Requirements

Additional reporting and recordkeeping requirements may apply to the incident described on the First Report. An employer must:

- Report a workplace fatality to Iowa OSHA within 8 hours. You may report by calling 877-242-6742 or visit www.iowaosha.gov for a form and instructions.
- Report a hospitalization, the loss of any eye, or an amputation to Iowa OSHA within 24 hours. You may report by calling 877-242-6742 or visit www.iowaosha.gov for a form and instructions.
- Complete an OSHA Form 301 or equivalent for recordable, work-related incidents within seven days and retain the
 completed form on site. The First Report is equivalent to the OSHA Form 301 if the case number from the OSHA 300 log
 is added. Visit www.osha.gov/recordkeeping for more information.
- Make an entry in your Log of Work-Related Injuries and Illnesses, OSHA Form 300, for recordable cases within seven
 days and retain the completed form on site. Some industries are exempt from this requirement. Visit
 www.osha.gov/recordkeeping for more information.

For more information on these and other OSHA requirements, please visit www.lowaosha.gov or call 515-242-5870.



Types of Benefits

Medical Benefits

Your employer must pay for all reasonable and necessary medical care required to treat your injury. This includes reasonable and necessary travel expenses for treatment. Mileage for use of a private car is reimbursed at 56 cents per mile. (85.27)

Under certain circumstances, if you are required to leave work for medical treatment, you may receive payment of lost wages. (85.27)

A medical care provider cannot seek payment of charges for treatment from you while a contested case proceeding or a dispute as to the reasonableness of a medical treatment fee is pending before the Workers' Compensation Commissioner. (85.27)

Disability Benefits

Your total weekly compensation benefit may not be greater than 80 percent of your spendable earnings. The law defines "spendable earnings" as the amount remaining after payroll taxes are deducted from gross weekly earnings.

Your average gross weekly earnings, number of income tax exemptions and marital status determine your weekly disability benefit amount.

- The weekly benefit amount is based on a seven day calendar week
- The maximum weekly disability benefit rate for PPD is \$1447.00
- The maximum weekly disability benefit rate of TTD, HP, PTD, and death benefits is \$1572.00

Types of Disability Benefits

Temporary Total Disability (TTD) [85.32, 85.33(1)]

When you are off work more than three calendar days on account of injury, you may be entitled to TTD benefits beginning on the fourth day and continuing until you return to work or are medically recovered enough to return to similar work, whichever happens first. If you are off work for more than 14 calendar days, you may be entitled to payment for the three-day waiting period

Temporary Partial Disability (TPD) [85.33(2-5)]

If you return to work at a lesser paying job because of the injury, you may be entitled to benefits. The benefit amount is 66 2/3 percent of the difference between your average gross weekly earnings when injured and your actual earnings while temporarily working at the lesser paying job. The three-day waiting period (explained above) also applies to temporary partial disability.



Healing Period (HP) [85.34(1)]

You may be entitled to HP benefits while recovering from an injury which produces a permanent impairment. No waiting period applies to HP benefits. These benefits begin on the first calendar day after the date of injury and continue until the first of the following occurs:

- · You return to work
- · You have recovered as much as anticipated from the injury
- You are medically capable of returning to the same kind of work you did when injured

Permanent Partial Disability (PPD) [85.34(2)]

When your work injury results in either permanent functional impairment to your body or in your inability to earn wages similar to those you earned before your injury, you may be entitled to PPD benefits. PPD benefits are in addition to healing period benefits and begin when the healing period ends.



Scheduled Member Disabilities

If your injury is to a scheduled member your PPD benefits are based on functional impairment. Appendix A gives a list of the scheduled body members (i.e. arm, leg, etc.) along with the number of weeks of benefits you would receive for the full loss of each member. If your impairment is less than a full loss, the number of weeks of PPD benefits you may receive is a percentage of loss or loss of use multiplied by the full number of weeks for the member

Body As A Whole Disabilities

When your work injury results in permanent disability to a part of the body not included as a scheduled member, the disability is considered industrial and is determined by assessing the difference between what you were able to earn prior to the injury and what you are able to earn after the injury. A variety of factors influence the assessment of lost earning capacity. These include the medical condition before the injury, immediately after the injury and now; the part of the body injured; how long you needed to recover from the injury; your work experience and your qualifications intellectually, emotionally, and physically to learn to perform other work; your earnings before and after the injury; your age; education; motivation; functional impairment related to the injury, and loss of ability to do your old job; or loss of earnings because of the injury

No specific guidelines advise how any factor is to be considered in a particular case. Each industrial disability case must be decided on its facts. Industrial disability is calculated on a 500 week basis with the percentage rating multiplied by 500 weeks.

Permanent Total Disability (PTD) [85.34(3)]

If your work related injury leaves you incapable of returning to any type of wage earning employment, you may be entitled to permanent total disability benefits during that time when you cannot return to any gainful work

Other Benefits

Second Injury Fund Bend

If you have had a permarleg or eye and then have permanent partial disabil or eye, you may be entit! These benefits are paid for disability is greater than a disability from both the for These benefits are only poinsurance carrier has paid partial disability benefits

If you believe you are encontact the State of Iowa form.

Vocational Rehabilitatio

You may be entitled to poto 13 weeks if you are acrehabilitation program in you to return to gainful e you continue in vocation compensation commission additional 13 weeks.

Iowa Vocational Rehabilit with disabilities to prepa

lowa Vocationa 510 East 12th Str 1-800-532-1

Death Benefits (85.28, 8 If you were dependent o an on the job injury, you benefits. A surviving spoilife or until remarriage. I death benefits until age: Other persons may qualifactually dependent upor spouse remarries and the children at the time of the entitled to a two-year lur weekly death benefits, this insurance carrier) must o exceed twelve times the effect at the time of death on the property of the entitle of the entitle of the exceed twelve times the effect at the time of death on the property of the property

Types of Settlements

The Workers' Compensation settlements involving work types of settlements:

Full Commutation (85

A full commutation pays lump sum. Because an a rights to additional week that you have a specific r such that the lump sum p

Partial Commutation

A partial commutation pa benefits in a lump sum. contains you and your en



Workers' Compensation Law for Injured Workers

- Questions and Answers -

EFFECTIVE **J**ULY **1**, **2014** - **J**UNE **30**, **2015**

Appendix A contains the number of weeks of benefits payable for 100% loss, or loss of use, of the body member. If the PPD rating is less than 100%, the percentage rating is multiplied by the number of weeks shown. For example, a 20% loss, or loss of use, of a thumb would be computed as 20% of 60 weeks, or 12 weeks of PPD benefits.

APPENDIX A

	Weeks
Loss of thumb	60
Loss of first finger	35
Loss of second finger	30
Loss of third finger	25
Loss of fourth finger	20
Loss of hand	190
Loss of arm	250
Loss of great toe	40
Loss of any other toe	15
Loss of foot	150
Loss of leg	220
Loss of eye	140
Loss of hearing in one ear	50
Loss of hearing in both ears	175
Permanent disfigurement, face or head	150
Body as a whole/industrial disability	500

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Equal Opportunity Employer/Program
Auxiliary aids and services are available upon request for individuals with disabilities. For Deaf or Hard of Hearing,
Use Relay 711. 00-0026 (06-14)



This brochure answers questabout workers' compensation 85 through 87 and 17A, as we chapter 876, for detailed infections and lowa Administrations.

WHAT IS WORKERS' CO

The Iowa Workers' Comper to provide wage loss and m injured while working. [85.

Types of Injuries Cov

In lowa, an injury may inclu work activities other than t down of body tissues. Dise work activities or exposure

Preexisting health conditio work aggravates or worsen

ELIGIBILITY FOR WORKE

Most employees who are in are eligible for benefits. Er employment is principally in even if they are injured out

The law exempts a few typ uncertain as to whether en are eligible for benefits, co Compliance Administrator Compensation.

Proprietors (independent of members and partners are individuals may be eligible workers' compensation ins them. [85.1A, 85.61(13)]

CHOOSING THE MEDICA

The employer has the right provide medical care reaso If you are dissatisfied with problem with your employ request alternate care, and not allow that care, you make care before the lowa Work (85.27)

If an employer-retained ph impairment that you feel is examination by a doctor of expense. (85.39)

How are Disputes Ha

When you and your employ together and openly comm compensation claim disput to know why your employe and the relevant evidence:

When a dispute cannot be you are encouraged to come Compliance Administrator Commissioner's Office to dispute cannot then be rescase proceeding before the Commissioner. While the commissioner.